



COVID-19 Protection Level 3 - Key Information

1 Socialising		
	Indoors	People cannot meet anyone from another household indoors (unless you are in an “extended household”). There are limited exceptions eg providing essential care.
	Outdoors	People can meet with a maximum of 6 people from 1 other household (2 households in total) outdoors or in a public place (eg hospitality setting). This could be family, friends or neighbours. Visitors can use the bathroom facilities in tenants’ properties.
<p>To keep everyone in the development as safe as possible, we are asking visitors to:</p> <ul style="list-style-type: none">• avoid touching anything in the development• go straight to the garden• not use communal toilets, or other communal areas• bring their own hand sanitiser and use it frequently• wear a face covering (Trust is unable to provide these)• always stay 2 metres away from everyone (with the exception of children under 12 years).		
2	Hospitality (pubs, restaurants and cafes)	Eating and drinking at tables only. Takeaway permitted. Indoors and outdoors – last entry 5pm; closed 6pm. No alcohol sales.
3	Accommodation (hotels, B&Bs, self-catering, caravan and camp sites)	Open – Socialising (above at 1) and Hospitality (above at 2) rules apply. For non-essential purposes - only for use by people from within the local authority area. For essential use, such as work-related purposes – can be used by those out with the local authority area.
4	Travel	Not permitted - no non-essential travel into or out of the Level 3 area. Permitted exceptions - for essential travel, such as for work, education, shopping, health, outdoor exercise, weddings, funerals, shared parenting and transit through restricted areas. International quarantine regulations apply.
5	Transport	Active travel where possible (walk, cycle, run, wheel)

		Avoid car sharing out with (extended) household where possible Avoid non-essential use of public transport. Face coverings compulsory.
6	Shops	Open
7	Close contact services (e.g. hairdressers, barbers, tailors, beauticians)	Open – but may be subject to additional protective measures. Mobile services not permitted, although further guidance from Scottish Government is expected and more information will be shared when available.
8	Public buildings (e.g. libraries)	Open with protective measures
9	Events / stadia	Not permitted / closed to spectators
10	Worship	Open – restricted to 50 people max with additional protective measures such as face coverings, social distancing, and no singing.
11	Life Events	Weddings / civil partnerships – 20 people max Funerals – 20 people max Wakes and receptions – 20 people max
12	Early learning / Formal childcare	Open with enhanced protective measures
13	Informal childcare	Permitted in line with Socialising restrictions (above at 1).
14	Schools	Open with enhanced protective measures
15	Colleges / universities	Restricted blended learning
16	Driving lessons	Permitted
17	Sports and exercise	Indoor: individual exercise only (exemption for under 18s) Outdoor non-contact sports – all permitted. Outdoor contact sports – only permitted for under 18s and professional
18	Leisure and entertainment (eg cinemas, theatres, bingo halls)	Closed
19	Visitor attractions	Open with protective measures
20	Public services (Health)	Essential face-to-face services only (online where possible)

21	Unregulated services (eg. youth clubs, children's groups)	Different restrictions may apply to different group settings.
22	Support services (eg mental health, counselling, day care, child contact centres)	Permitted but online where possible
23	Offices and call centres	Essential only / default is to work from home if possible. If not possible, guidance must be followed.
24	Other workplaces	Open – default is to work from home if possible. If not possible, guidance must be followed.
25	Advice for people who were Shielding	Contact with others – Not required to distance from people in your (extended) household. Limit meeting people out with your own household. Avoid indoor public spaces. Outdoor exercise possible. Shopping – strictly follow the guidelines, limit the number of times you shop and shop at quieter times Working – if you cannot work from home, speak to your line-manager to ensure all appropriate protections are in place. The majority of workplaces can be made safe. School / formal childcare – discuss with GP/clinician whether child should still attend.
26	Repairs, maintenance, inspections etc	Travel to all areas for work purposes is allowed and repairs etc. will continue, with safety measures in place.
27	Reletting properties	Properties will continue to be cleared, repaired, viewed and re-let.
28	Lounges, Dining rooms and guest rooms	Lounge and dining areas remain closed, except for essential staff use. Guest rooms remain closed other than in exceptional circumstances authorised by Area Managers.

Thank you for following the Guidance.