



COVID-19 Protection Level 1

Key information

1. Socialising	
Indoors	<p>People cannot meet anyone from another household indoors (unless you are in an “extended household”).</p> <p>There are limited exceptions eg providing essential care</p>
Outdoors	<p>People can meet with a maximum of 6 people from 1 other household (2 households in total) outdoors. This could be family, friends or neighbours. Visitors can use the bathroom facilities in tenants’ properties.</p>
<p>To keep everyone in the development as safe as possible, we are asking visitors to:</p> <ul style="list-style-type: none"> • avoid touching anything in the development • go straight to the garden • not use communal toilets, or other communal areas • bring their own hand sanitiser and use it frequently • wear a face covering (Trust is unable to provide these) • always stay 2 metres away from everyone (with the exception of children under 12 years). 	
2 Hospitality (pubs, restaurants and cafes)	<p>Sale of alcohol and food permitted at tables - indoors and outdoors.</p> <p>Time restrictions – indoors and outdoors last entry 9:30pm; closed 10:30pm</p> <p>Takeaways permitted</p>
3 Accommodation (hotels, B&Bs, self-catering, caravan and camp sites)	<p>Open – Socialising (above at 1) and Hospitality (above at 2) rules apply</p>
4 Travel	<p>No non-essential travel permitted from or to an area in Level 3 or higher in Scotland (or equivalent in rest of UK) (Travel for work, education, shopping, health, outdoor exercise, weddings, funerals, shared parenting and transit through restricted areas permitted). International quarantine regulations apply.</p>

5	Transport	Active travel where possible (walk, cycle, run, wheel). Avoid car sharing outwith (extended) household where possible. Face coverings must be worn on public transport
6	Shops	Open
7	Close contact services (eg. hairdressers, barbers, tailors, beauticians)	Open + mobile services permitted
8	Public buildings (eg. libraries)	Open
9	Events	Outdoor events seated and open space permitted with restricted numbers Outdoor grouped standing events not permitted Stadia open with restricted numbers Small seated indoor events permitted
10	Worship	Open – restricted to 50 people max with additional protective measures such as face coverings, social distancing, and no singing.
11	Life Events	Weddings / civil partnerships – 20 people max Funerals – 20 people max Wakes and receptions – 20 people max
12	Early learning / Formal childcare	Open with standard protective measures
13	Informal childcare	Permitted in line with Socialising restrictions (see 1 above)
14	Schools	Open with standard protective measures
15	Colleges / universities	Blended learning
16	Driving lessons	Permitted
17	Sports and exercise	All permitted except indoor contact sport for people aged 18+. (Professional permitted)
18	Leisure and entertainment	Open except adult entertainment and nightclubs (unless a permitted event). Hospitality rules (at 2 above) apply
19	Visitor attractions	Open
20	Public services (Health)	Open

21	Unregulated services (eg. youth clubs, children's groups)	Permitted
22	Support services (eg mental health, counselling, day care, child contact centres)	Permitted
23	Offices and call centres	Essential only / default is to work from home if possible. If not possible, guidance must be followed.
24	Other workplaces	Open – default is to work from home if possible. If not possible, guidance must be followed.
25	Advice for people who were Shielding	Contact with others – Not required to distance from people in your (extended) household. Follow the general guidelines Exercise - Outdoor exercise possible Shopping – strictly follow the guidelines Working – if you cannot work from home, a workplace risk assessment and necessary adjustments should be in place. The majority of workplaces can be made safe. School / formal childcare – follow the general guidelines
26	Repairs, maintenance, inspections etc	Travel for work is allowed and repairs etc will continue, with safety measures
27	Reletting properties	Properties will continue to be cleared, repaired, viewed and re-let
28	Lounges, Dining rooms and guest rooms	Lounge and dining areas remain closed, except for essential staff use. Guest rooms remain closed other than in exceptional circumstances authorised by Area Managers.

Thank you for following the Guidance.